



Sambhavna Trust Clinic

Bafna Colony, Berasia Road, Bhopal 462 001

Mob :7909922130,Email : sambhavnabhopal@gmail.com,

Website :www.sambhavnabhopal.org

Press Conference

March 08, 2024

Addressing a press conference on the International Women's Day, members of the Sambhavna Trust Clinic expressed serious concern about the high prevalence of PCOS among women exposed to Union Carbide's poisonous chemicals in Bhopal. PCOS or Poly Cystic Ovary Syndrome is a hormonal disorder that is one of the most common causes of infertility. Exposure to chemicals that cause disruptions in the endocrine system is known to cause PCOS.

Said Aziza Sultan, Gynecology Assistant at the Clinic, "Data on 12 thousand women patients from our Clinic shows that women survivors of the Union Carbide gas disaster and those who drank water contaminated with Union Carbide's hazardous factory waste, have four times more PCOS compared to unexposed women. About 30 % of PCOS patients are daughters of gas exposed parents."

Dr Shweta Chaturvedi, Yoga Therapist at the clinic said "Women with PCOS have irregular menstrual periods, excess body and facial hair and their sonography shows cysts (fluid filled sacs) in their ovaries. Apart from infertility, PCOS can cause Miscarriage or premature birth, Diabetes, Hypertension, Sleep apnoea, Depression, Anxiety and Endometrial cancer."

"Earlier we have reported about 3 times more prevalence of Thyroid disorders among survivors of the Bhopal gas disaster compared to those with no toxic exposure. It is very likely that higher rates of PCOS among women exposed to gas and contaminated ground water are also linked to the damage to the endocrine system caused by Union Carbide's poisonous chemicals." Said Umakant Joshi , Laboratory Technician at the Clinic.

Beena Pillai, Panchakarma Therapist at the Clinic said, "Thankfully, we have achieved considerable success in treating PCOS through Ayurveda and Yoga at our Clinic. At the Sambhavna Trust Clinic we have integration of Modern medicine with Ayurveda and Yoga systems of healing. In the treatment protocols for PCOS while diagnosis is done by modern methods,

diagnosed patients are treated with Ayurveda medicines and Yoga therapy with very encouraging results.”

Aziza Sultan
Gynecology
Assistant
9179177334

Dr Shweta Chaturvedi
Yoga Therapist
7580879266

Umakant Joshi
Laboratory Technician
9691236633

Beena Pillai
Panchakarma
Therapist
6264435402